

# When to Plant Vegetables

by Paula Szilard

## Cold Weather Vegetables:

Direct seed these vegetables into the ground, according to seed packet directions as soon as you can work the soil, early or mid-March, but no later than late March:

Arugula	Mesclun mixes	Spinach
Beets	Mustard greens	Swiss chard
Carrots	Pac choi	Turnips
Fava beans	Peas	
Lettuce	Radishes	
Mache	Rutabagas	

Start these vegetables indoors under lights or purchase seedlings. Transplant broccoli, cabbage, cauliflower, kale and kohlrabi plant into your garden beds at the end of May to avoid damaging late frost. Onion sets and leeks can be transplanted early in April.

Broccoli	Kohlrabi
Cabbage	Onions (best to purchase onion sets)
Cauliflower	Leeks (best to purchase leek sets)
Kale	

## Warm Weather Vegetables:

Direct seed these vegetables into the garden at the end of May or beginning of June. Please note, for an earlier harvest you may start squashes, pumpkins, melons and cucumbers indoors under lights or purchase seedlings. Seedlings should be started 3-4 weeks before planting out. Do not transplant them into your garden until end of May or beginning June.

Corn	Pumpkins	Soybeans
Summer quash	Cucumbers	
Winter squash	Beans	

These vegetables cannot be grown by direct seeding into the garden. Our season is not long enough. Either purchase plants or start your own seedlings according to seed packet directions:

Tomatoes	Eggplants	Melons
Tomatillos	Peppers	Okra

## Hardening Off:

Please note that all seedlings need to be hardened off, which means gradually getting them used to being out of doors in the cold and sun. You cannot always assume that plants purchased from your garden center are sufficiently hardened off.

Three or four days in succession, start them out on the north side of your house on a warm day and bring them in at night. Then move them to the east and leave them there for a couple of days, again bringing them in at night. Finally, transfer them to the west or south side of your house. Do not leave warm weather vegetables, broccoli, cauliflower Brussels sprouts, cabbage kale and kohlrabi out overnight until nighttime temperatures are around 50 F.